



## General S5 Workshop Teacher's Guide

Year group:	S6
Pupil numbers:	1 class (25 max)
Duration:	1 period (50 mins approx)
Resources:	classroom, 1 teacher min
Objectives:	Pupil-student interaction - thinking about practical next steps. To help pupils with budgeting when living independently at college/university and with time management skills

### Aim

This workshop is designed to get the pupils thinking about the practicalities of living independently with the focus on money and time management skills.

### Format

- This workshop is designed to get the pupils thinking more realistically about the next steps and to help answer any queries about the student lifestyle.
- This workshop can vary greatly in content depending on the amount of discussion generated in the activities.
- The workshop leader will introduce LIFT OFF, the team and the purpose of the activities.
- The first activity is a finance quiz which concentrates on the types of expenditure students typically have. Pupils are split into groups and come up with a team name.
- The pupils are asked questions about budgeting. Then they feedback their answers after each question and discussion is generated as a result.
- The second activity requires pupils to think about time managements. They are faced with an example of a student's diary and related promotional flyers. In groups the pupils must try to work out how to manage both academic and social activities.
- The groups feedback by justify their choice of activities and the workshop leader will summarise.
- In groups pupils are next given a budget to work with. The workshop leader will hand out a pack to each group containing a choice of accommodation and home comforts e.g. Sky TV, laundry facilities.
- The group discuss their options and feedback how they used their budget to the rest of the class. The workshop leader will briefly talks about the positives and negatives of the choices made and will end by summarising the importance of managing both time and money effectively when going to college/university.

### Student's Role

Students are essential facilitators in this workshop. Students provide pupils with positive role models and encouraging discussion about student life. The students are trained to assist the pupils in their completion of the tasks and, as ever, answer any questions pupils may have about post-school study throughout the workshop.