

Here you will find a range of links and resources to give you all the information you need to plan for what you want to do after school.

Find the right course for you...

- [UCAS Course Search](#) lets you look for any degree course so you can check entry requirements and find out more information about what is studied in the course.
- Choosing the university that is right for you is an important decision. Check out this guide on how to decide [what and where to study](#).
- If college is the route for you, check out courses available at [Fife College](#) and [Dundee and Angus College](#). You can also use the [Pathways](#) website to see how an HNC/HND qualification could let you articulate in to a degree course at university.
- Visiting where you want to study can play a big part in your decision. Have a look at the [UCAS open day search](#) to find university open days and the [My World of Work open day search](#) which gives information for both colleges and universities.
- Modern Apprenticeships let you gain a qualification while working. Find out more about this route on the [apprenticeships.scot](#) website.
- Whatever route you take, LIFT OFF's [Transitions Guide](#) can help you out.

Fund your studies and going to HE...

- If you are studying a Higher Education course you will need to apply to SAAS to fund your studies. Have a look at their [guide](#) and [forms](#) to help you with your application.
- Many students decide to live away from home when they are studying. Think about how different places in [Scotland](#) might suit you and have a look at information about your chosen universities [halls of residence](#).
- Be prepared by reading about what to expect during your [first weeks](#) and beyond.
- Budgeting will become something to think about. Have a look at these [top tips for managing your money](#).

Applications, Personal Statements and Interviews...

- Make sure you know everything you need to for [completing your UCAS Application](#).
- Your personal statement is a big part of your HE application. Luckily, there is plenty support to help you, including LIFT OFF's [guide to effective paragraphs](#), UCAS's info on [how to write a personal statement](#).
- Here are some [example statements for different subjects](#).
- Some courses also require more than just an application so here are some tips for [interviews](#) and [auditions](#). Remember to be [confident](#)!
- Universities consider where you live and what school you went to, amongst other things, before making you an offer. This is called [contextual admissions](#).
- To succeed at college or university remember to utilise the [support](#) available to you.

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Getting through your exams...

- [Preparing](#) for exams makes approaching them much easier.
- Organise your study by making a [revision timetable](#) or using LIFT OFF's [study planner](#).
- Exams are a stressful time. Try not to let them get on top of you by looking after your mental health and properly [dealing with exam stress and pressure](#).

Partner organisations – the more help the better...

- Reach [Fife](#) and [Dundee](#) are widening access programmes for high demand professions. Subjects covered vary by region but have a look at what they offer. This is a great place to look if you're interested in studying medicine, law, etc.
- [ACES](#) provide support for those wish to apply for creative subjects. Both Reach and ACES have fantastic subject specific advice, so check out what they have to offer.
- [Skills Development Scotland](#) (SDS) offer support and a wide range of information on apprenticeships and employability. Have a look at their website or arrange a meeting with your schools SDS careers advisor.
- [RCS Transitions](#) is an widening access initiative for those looking to study music, acting, filmmaking, dance or production.
- [ICAS Foundation](#) offer mentoring and bursaries for those looking to study accountancy or finance subjects.

Gain experience...

- Volunteering is a great way to develop skills and gain experience to support your HE application. Keep an eye out for volunteering opportunities in [Fife](#) and [Dundee](#).
- You may decide you don't want to go straight in to HE and opt to take a year out from study/apply for a course using deferred entry – this is known as a [gap year](#). This can be a great opportunity to develop new skills, gain work experience, pursue an interest, or do some [travelling](#). If you decide to take a gap year, make sure you have a plan and don't just waste a year!
- Gain more experience in the subject you're interested in by applying for a summer school e.g. [Sutton Trust summer schools](#).
- Take the initiative to plan your own work experience or shadowing opportunities related to the subject/career you are interested in.
- Working at a summer camp (e.g. [Camp America](#)) can be a great way to gain skills, experience working with different groups of people and travel. There are many camps with different focuses.