



# LIFT OFF

Helping young people  
in Fife & Tayside  
on their journey to  
Higher Education

“What a fantastic experience! My niece now has a much better idea of what and where to continue studying!”



## Who are we?

LIFT OFF delivers the Scottish Funding Council's national Schools for Higher Education Programme (SHEP) in Fife and Tayside.

We are a widening access initiative that supports young people from local secondary schools into Higher Education: that's any course from a HNC to a Degree.

## What do we do?

Our objective is to increase our target pupils' aspirations and support their transition into Higher Education destinations.

Our support is wide ranging and varied and can include:

- Programme of engagements for S3-S6
- 1:1 pupil support meetings.
- Information, advice & guidance
- Trips and visits to colleges & universities
- Dedicated digital resource pages.
- Volunteer team of current students
- Parent & Carer information sessions

## Where do we work?

We work with targeted schools across Angus, Dundee & Fife

### Angus

Arbroath Academy  
Arbroath High School  
Brechin High School  
Forfar Academy

### Dundee

Baldrac Academy  
Braeview Academy  
Craigie High School  
Harris Academy  
Morgan Academy  
St John's RC High School  
St Paul's RC Academy

### Fife

Auchmuty High School  
Beath High School  
Bell Baxter High School  
Dunfermline High School  
Glenrothes High School  
Glenwood High School  
Kirkcaldy High School  
Levenmouth Academy  
Lochgelly High School  
St Columba's RC High School  
Viewforth High School  
Waid High School  
Woodmill High School

S6

### S6 Transitions Programme

A series of in school sessions designed to support the transition to Higher Education. Covering everything from applications, student accommodation & budgeting

### Personal statement Review service

Core pupils can submit up to three drafts of their personal statement for review and receive dedicated feedback from a member of the team.

S5

### LIFT OFF Learning Skills (LOLS)

Earn a recognised qualification that prepares pupils for study at Higher Education level. Accredited at SCQF Level 6.

### Digital support

All core pupils have access to dedicated online resources, tailored to each stage. Our development workers & student volunteers are on hand to provide individual support.

S4

### Core Pupil Application

Pupils are selected by school guidance teams to apply to the LIFT OFF Programme. Pupils must complete an online application, alongside a parent/carer. Please note places are limited at each school

### Core Pupil Profile (CPP)

1:1 meeting to start exploring pupils skills, strengths & interests.





Higher Education (H.E) is learning at college or university starting at SCQF level 7. This ranges from HNC at college to PhD at university.

### **Individual Action Plan (IAP)**

1:1 meeting to provide tailored information, advice and guidance based on pupils' post school intentions.



LIFT OFF gave me an insight into all my higher education options and gave me support to make informed decisions on my future!

### **LIFT OFF to Success Residential (LO2S)**

A five day, fully funded, residential, staying in student halls of residence at one of our partner HEI's. A chance to experience life as a student and a range of taster sessions at different institutions.

### **Campus visits**

Visit one of our partner institutions with other LIFT OFF core pupils and meet our student volunteers. It is an opportunity to build skills through workshops, lectures and activities.

## Next Steps

- Your young person has been selected by their school guidance team to apply to join the LIFT OFF programme.
- Pupils will receive a digital application form via the e-mail they provided during an introduction session with LIFT OFF.
- Pupils will be informed of the deadline to complete the Core Pupil application form in school and via e-mail.
- Applications must be completed alongside a parent or carer.
- LIFT OFF will review all applicants and let pupils know if they have been successful as soon as we can.
- School contact teachers are listed on the 'about us' page of our website.

## Partners

LIFT OFF is supported by Higher Education (HEI) partners across Scotland and is currently hosted by Abertay University and based at Fife College, Stenton campus.

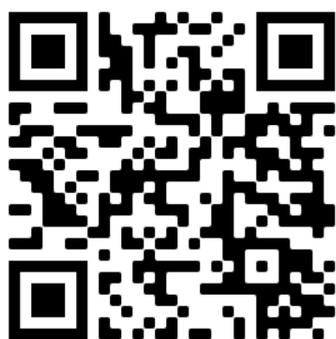


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