



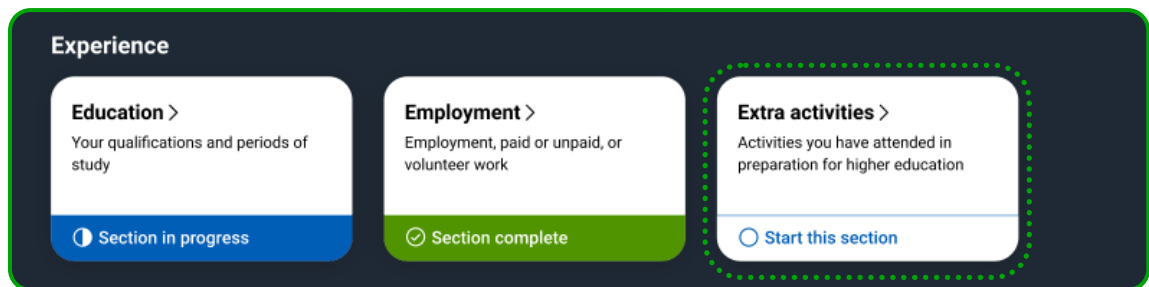
Adding LIFT OFF to UCAS and Widening Access information, 2024 entry

Including LIFT OFF in your UCAS Application - options

1. Include information about taking part in LIFT OFF activities in your Personal Statement, for example LOLS (LIFT OFF Learning Skills), setting goals during your Individual Action Plan meeting (IAP) or the Personal Statement Workshop.
2. Include details about specific activities through the '**Extra Activities**' section. Note: you need to have the dates of the activity for this and can only add two.
3. If you completed LOLS successfully, you can also add this as a qualification in the '**Education**' section.

Adding 'Extra Activities'

Within the Experience category, there is a tile called 'Extra Activities'. Note: this is only visible once you have added some details to the Education section, such as Qualifications and also completed the previous section 'Profile'.



Click on the Extra Activities tile. On this next page there is more information about what UCAS considers an extra activity i.e. activities that prepare you for higher education. Click 'add activity' to add details—if you are adding two activities you will need to do this for each one.

Extra activities

Have you attended an activity to prepare you for higher education?

Please select any activity you have taken part in to prepare for higher education. For example: national or regional schemes, university-run programmes, summer schools, campus days, taster courses, and booster courses. You can also use your personal statement to include more details about the activities you took part in, the skills you learned, and how this prepared you for higher education.

Note: Open days are not relevant to this question.

If you haven't attended any such activity, please leave this sections blank.

If this section is relevant to you, please provide the following details:

+

Add activity

Adding your IAP:

Type of Activity: Select 'Information Advice and Guidance' from the drop-down menu

Activity Provider: Select 'LIFT OFF' from the drop-down menu

Name of Activity: Individual Action Plan meeting (you can add more description here, such as any goals you set or what you discussed).

Start Date: If you can't remember when your IAP was, ask us for the specific date (typically Jan-March 2023)

End Date: Same as Start Date

Adding LOLS:

Type of Activity: Select 'Skills and attainment raising activity' from the drop-down menu

Activity Provider: Select 'LIFT OFF' from the drop-down menu

Name of Activity: LIFT OFF Learning Skills (LOLS)

Start Date: 09/10/2023

End Date: 13/10/2023

If you joined LIFT OFF in S6, you can use the Personal Statement Workshop as an activity:

Type of Activity: Select 'Information Advice and Guidance' from the drop-down menu

Activity Provider: Select 'LIFT OFF' from the drop-down menu

Name of Activity: Personal Statement Workshop

Start Date: If you can't remember the date, please ask us (typically Oct-Nov 2023)

End Date: Same as start date

Example windows:

Type of activity *

Skills and attainment raising activity

Activity provider *

LIFT OFF

Name of the activity/programme *

LIFT OFF Learning Skills (LOLS)

Characters used: 31 of 100 characters

Start date *

Day Month Year

09 10 2023

End date *

Day Month Year

13 10 2023

Currently, UCAS will only allow you to add in two activities to this section. If you have taken part in other 'Preparation for Higher Education' activities such as a Sutton Trust or First Chances Fife Summer School, or Reach or ACES events, you should think about which activities really show your interest in Higher Education. Please note that Reach and ACES do not appear as 'activity providers' in the drop down menu at the moment, so you will have to include the names in the description instead.

The following now appear in the 'Extra Activities' section:

LIFT OFF Learning Skills (LOLS)

Start date: 09 October 2023
End date: 13 October 2023

... More

Individual Action Plan Meeting

Start date: 15 March 2023
End date: 15 March 2023

... More

Adding LOLS to the 'Education' section:

Click 'Add qualification' then scroll down to find the search bar.

- Personal details
- Contact and residency details
- Nationality details
- Supporting information
- English language skills
- Finance and funding
- Education**
- Employment

Add qualification

To add a qualification either choose from the qualification shortlist or search for your qualification.

Qualifications shortlist

+ Access to HE Diploma (2014 onwards)	+ BTEC Diploma	+ BTEC Extended Diploma (QCF)
+ GCE Advanced Level (A-Level)	+ GCE Advanced Subsidiary	+ GCSE (Grade: 9-1)
+ GCSE (Grade: A*-G)	+ National 5	+ SQA Advanced Highers

Adding LOLS to the 'Education' section:

Type 'other' into the search bar. Then select 'Other courses (Scottish)' from the list.

Search for your qualifications

Please search for the qualification title, eg 'A level' and not the subject, eg 'chemistry'.

Overseas qualifications will be listed alphabetically under the name of the country they were taken in.

Search 'other' to see the full qualifications list.

Search by name

[Access \(other\)](#)

[BMAT \(Bio-medical Admissions Test\) and other admissions tests](#)

[CACHE Other Level 3 qualifications](#)

[City & Guilds \(other than NVQs\)](#)

[GAMSAT \(Graduate Medical Schools Admissions\) and other admissions tests](#)

[HPAT \(Health Professions Admission Test\) and other admissions tests](#)

[LNAT \(National Law Admission Test\) and other admissions tests](#)

[MAT \(Mathematics Admissions Test\) and other admission tests](#)

[MML \(Modern and Medieval Languages Test\) and other admissions tests](#)

[MSAT \(Medical Selection Admissions Test\) and other admissions tests](#)

[Other \(International EU Qualifications\)](#)

[Other \(International Non-EU Qualifications\)](#)

[Other \(UK Qualifications\)](#)

[Other Courses \(Scottish\)](#)

[Other English Proficiency](#)

[Other Group Awards \(Scottish\)](#)

[PAT \(Physics Admissions Test\) and other admission tests](#)

[STEP \(Sixth Term Examination Papers\) and other admissions tests](#)

[TSA \(Thinking Skills Assessment\) and other admissions tests](#)

[UCAT \(Clinical Aptitude Test\) and other admissions tests](#)

[UKCAT \(Clinical Aptitude Test\) and other admissions tests](#)

Adding LOLS to the 'Education' section:

Qualification date: 10/2021

Awarding organisation: Fife Co (Note: this box appears to be stuck at 8 characters in a UCAS error, so you won't be able to type in Fife College fully).

Grade: SCQF L6 3 credits

Unit/module number and title: LIFT OFF Learning Skills

Qualification Date: 10/21

Result: Pass

Other Courses (Scottish)

If you don't find a match you can manually add one

Qualification date *

Month Year

10 ▾	2021 ▾
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Awarding organisation *

Grade

Add the modules for this qualification

Module / Unit 1

Unit/module number and title

Qualification date

Month Year

10 ▾	2021 ▾
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Result

Including Widening Access information:

UCAS has a range of optional questions through which you can share more information about your personal circumstances with your chosen universities. These are all positive disclosures that will ensure you are offered tailored support. Providing this information will **not** negatively affect your application.

Once you have completed the Contact and Residency details section, the 'More about you' tile will appear in your Profile. Click on this to bring up a window with more information and the questions.

The first question brings up a menu with physical and/or mental health conditions, long-term illnesses and learning differences that you can disclose. The application then asks:

- If you are estranged
- If you have caring responsibilities
- If you are a parent
- If you are a refugee or asylum seeker
- If you have a parent or carer who is/was in the UK Armed Forces
- If you have been in the UK Armed Forces
- If you are or have been receiving free school meals

Note: If you are care experienced, this information can be provided in the 'Diversity and Inclusion' section, which will also appear after the Contact and Residency section is complete.

The screenshot shows a sidebar on the left with navigation options: Personal details (checked), Contact and residency details (checked), Nationality details, Supporting information, English language skills, Finance and funding, Diversity and inclusion, **More about you** (underlined), and Education (with a blue circle icon). The main content area is titled 'More about you' and contains the following text:

Here, you can tell us about any circumstances that you might need support for during your studies. You might feel uncertain about sharing your personal circumstances but we want to reassure you that this information is confidential and will not negatively impact your application.

This information will be shared with those involved in making arrangements to support you at the university or college (e.g. the student support team, admissions staff), and they may get in touch to tell you more.

Note: Not all universities and colleges offer the same support, so contact them directly to discuss your requirements and questions before you apply.

These questions are optional. Use the ? icon to get more help with answering the question and visit the FAQs pages if you need more information.

Every year, over 60,000 students with a physical and/or mental health condition, long-term illness, or learning difference apply through UCAS to study at a university or college in the UK, and access a range of support available to help with their studies, day-to-day activities, travel, or lifestyle. Would you consider yourself as living with any of the following: *

[Dropdown menu]

Would you consider yourself estranged from your parents (i.e. you're not in contact with and supported by your parents)?

Yes No